

# Sexuality, Marriage, and Family Studies

## Undergraduate Degree Programs

**General B.A., 3- or 4-Year, Sexuality, Marriage, and Family Studies**

**4-Year Honours BA, Sexuality, Marriage, and Family Studies**

**Minor in Sexuality, Marriage, and Family Studies**

**Option in Sexuality, Marriage, and Family Studies**

**Post-Degree Diploma in Sexuality, Marriage, and Family Studies**

The program in Sexuality, Marriage, and Family Studies (SMF) addresses human interactions within relational and sexual contexts. It examines not only basic anatomical knowledge and sexual health but also the formation and maintenance of relationships, parenting skills, and the impact of culture on sexual and family-related values, ideas, and attitudes. Issues that are *rarely* discussed in secondary education are studied in-depth; some examples include the effects of pornography on societal attitudes, family conflict and its escalation to violence, and sexual difficulties.

The goal of this program is to promote interdisciplinary scholarship and research in fields such as gender, reproduction, and relationships. A solid, scientific understanding of sexuality and the social institutions linked to intimate relationships provides an excellent foundation for historical, theoretical, and ethical discussions.

The interdisciplinary approach in SMF offers a diversified and distinctive advantage. In SMF, you are not limited to a single discipline; rather, you get a chance to study topics of family and sexuality from different points of view. Taking courses from Psychology, Sociology, History, English, Religious Studies, Social Work, Italian Studies, Anthropology,

## **Courses in the Major**

### **Sexuality, Marriage, and Family Studies**

Introduction to Human Sexuality

The Dark Side of Sexuality

Couples, Marriages, and Families

Parents, Children, and Family Relations

Introduction to Sex, Couples, and Family Therapy

Research Methods and Statistics

Communication and Counselling Skills

Human Sexuality in Relationships

Social Issues and Controversies in Human Sexuality

The Formation and Maintenance of Close Relationships

Conflict, Crisis, and Dissolution in Close Relationships

Couples, Marriage, and Family Therapy

Introduction to Sex, Couples, and Family Therapy

Sex Therapy

Sexual Ethics

The History of Sexuality: Modern, Pre-Modern and Special Topics

Special Topics and Independent Studies Courses

Seminars in: Ethics, Sexuality, Family Studies, and Therapy

Practicum: Professional Ethics and Applied Theory

Research Thesis and Applied Theory

### **Anthropology**

Primate Behaviour

Culture and Sexuality

Human Development in a Cross-Cultural Perspective

### **English**

Women in Literature

Women in Writing since 1900

Sex and Marriage in Literature

Canadian Children's Literature

Studies in Children's Literature

### **Fine Arts/Drama**

Women and Film

### **Health Studies/Gerontology**

Psychosocial Perspectives on Lifespan Development and Health

Women's Studies, and Health Studies provides you with a well-rounded education that takes into consideration multiple perspectives rather than a one-sided view of an issue. Complementing the traditional subjects are the "core" courses dedicated to an intensive interdisciplinary study of SMF topics.

The interests of SMF faculty reflect the interdisciplinary nature of the program and include attitudes toward sexual minorities and non-traditional parenting, HIV/AIDS prevention, sexual ethics, women and Christianity, feminism and ecology, men and masculinity, relationship trust, and identity and relationships – to name a few. SMF faculty come from various home disciplines, such as Psychology, History, Family Studies, Religious Studies, and Sociology.

SMF will be of interest to those considering a career as a social worker, counsellor or couple and family therapist, sex educator, family educator, teacher, family lawyer, or any occupation where relationship issues and human sexuality are involved. This specialized training will help prepare students for careers in counselling, teaching, health services, and scholarly research.

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**For more information about Sexuality, Marriage, and Family Studies please visit:**

[www.sju.ca/courses/sexuality/sexuality.html](http://www.sju.ca/courses/sexuality/sexuality.html)

**For admission information, questions about your application, or to arrange a campus visit please call:**

Student Recruitment Office  
Faculty of Arts  
University of Waterloo  
200 University Avenue West  
Waterloo, ON N2L 3G1  
(519) 888-4567, ext. 32259  
arts@uwaterloo.ca

## **Courses (cont.)**

### **History**

History of Popular Culture  
Canadian Legal History  
History of the Family in North America

### **Interdisciplinary Social Science**

The Evolution of Family Law in Canadian Society  
Values and the Contemporary Family

### **Italian Studies**

Women, Family, Sex, and Tradition

### **Jewish Studies**

Relationships in the Bible (Old Testament)

### **Philosophy**

Love  
Gender Issues  
Philosophy and the Family  
Philosophy of Human Nature  
Practical Ethics

### **Psychology**

Psychological Perspectives on Gender and Sex  
Psychological Analysis of Human Sexuality  
Interpersonal Relations  
Psychosexual Organization

### **Religious Studies**

Love and Friendship  
Christian Sexual Ethics  
Religious Perspectives on Marriage and Family  
Sex and World Religions

### **Social Work**

Family Violence  
Social Work with Families  
Child Maltreatment: Identification and Prevention

### **Sociology**

An Introduction to the Sociology of Marriage and the Family  
Gender Relations  
Power and Parenting  
Sociology of Community  
Sexuality and the Law  
Mennonites as a Sociological Community

### **Women's Studies**

An Introduction to Women's Studies